

1. Get a Prescription

PrEP (Pre-Exposure Prophylaxis) is a prescription medication, so requires a doctor to write a script. Before a doctor will prescribe it, they need to test for HIV, check kidney health, and test for sexually transmitted infections. While any GP can prescribe PrEP, you may be more comfortable discussing your needs with a GP who is experienced in prescribing PrEP.

Here is a list of GPs who regularly prescribe: <http://www.mclinic.org.au/prep/prescribers/>

You may also be eligible for PrEP through the PrEPIT-WA study. Check out the website for more information and how to participate: <https://prepit-wastudy.org.au/>



2. Purchase PrEP



Once you have a script you can purchase PrEP via the following options:

Australian Pharmacies:

- You can fill a prescription at any pharmacy within Australia for \$39.50/month, or \$6.40/month if you have a concession card.
- The pharmacy may keep PrEP in stock, or they may need to order in the medication, which could take 1-2 days.
- This option is only available to Medicare card holders.

Personal Importation (for people without Medicare):

- You may import a generic brand of PrEP from overseas via the [Personal Importation Scheme](#). Visit www.pan.org.au or www.prep.global for more information.
- There are subsidised options for people on a low-income, or who are experiencing financial hardship.



3. Take PrEP



Take PrEP as directed by your prescribing doctor. Most people will be recommended daily PrEP: you achieve maximal protection against HIV after taking PrEP every day for 7 days. You need to keep taking PrEP every day to maintain this protection.

If you want to stop taking PrEP, speak to your prescribing doctor, but ensure you keep taking it for 28 days after your last condomless sex before you stop.

4. Repeat!

Every 3 months you'll need to test again for HIV, sexually transmitted infections, and kidney health. Then you can get a new script and purchase PrEP again.