

1. Get a Prescription

PrEP (Pre-Exposure Prophylaxis) is a prescription medication, so requires a doctor to write a script. Before a doctor will prescribe it, they need to test for HIV, check kidney health, and test for sexually transmitted infections. At this time, any GP can prescribe you PrEP, but you may receive better care by seeing a GP who has experience with prescribing PrEP.

Here is a list of GPs who regularly prescribe: <http://www.mclinic.org.au/prep/prescribers/>

You may be eligible for PrEP through the PrEPIT-WA study. Check out the website for more information and how to participate: <https://prepit-wastudy.org.au/>



2. Purchase PrEP



Once you have a script you can purchase PrEP via the following three options:

- You can self-import for under **\$21/month**, which involves importing a generic brand of PrEP from overseas (generic brands include Adco-Emtevir, Ricovir EM, and Tenvir EM). Visit www.pan.org.au or www.prep.global for a list of reputable pharmacies. This is simple, and the medication can be delivered directly to your address.
- If you have a low-income or are experiencing financial hardship then you may receive 3 months **free PrEP** - apply @ <http://www.mclinic.org.au/prep/coupon/>
- Fill a script at any pharmacy within Australia (Medicare card holders only) for \$39.50/month or \$6.40/month (if you have a concession card). Please note that the pharmacy may take 1-2 days to stock the medication.



3. Take PrEP everyday



After taking PrEP for 7 days, you will be protected for all anal sex and insertive vaginal/ fronthole sex. After taking PrEP for 28 days, you will be protected for receptive vaginal/ fronthole sex. Keep taking PrEP every day to maintain this protection. If you want to stop taking PrEP, keep taking it for 28 days after your last condomless sex before you stop.

If you miss a dose, it is recommended to resume taking medication the next day to maintain strong protection. Missing more than one day will impact on the effectiveness of PrEP.

4. Repeat!

Every 3 months you'll need to test again for HIV, sexually transmitted infections, and kidney health. Then you can get a new script and order some more!



Doctors Prescribing PrEP

While any doctor or general practitioner can prescribe PrEP, you may receive better care by seeing a doctor who has experience with prescribing PrEP. Below is a list of doctors that we are aware of who are familiar with prescribing PrEP.

Free to Attend

Perth: Royal Perth Hospital Ainslie House (free Public Sexual Health Clinic)

Phone: (08) 9224 2178

*Please ask for a PrEP appointment when you call the clinic

Fremantle: South Terrace Clinic (free Public Sexual Health Clinic)

Phone: (08) 9431 2149

*Please ask for a PrEP appointment when you call the clinic

Belmont: Belmont City Medical Centre

Phone: (08) 9277 3999

Doctors: Dr. Haipeng Wang *All consults are bulk billed

Consult Fee Applies

North Perth: View Street Medical

Phone: (08) 9227 0170

Doctor: Dr. Belinda Wozencroft

Mount Lawley: GP on Beaufort

Phone: (08) 9262 8600

Doctors: Dr. Goran Pervan, Dr. Fergus McCabe

Mount Lawley: Lindisfarne Medical Group

Phone: (08) 9262 8600

Doctor: Dr. Terry Pitsikas

Perth: Central City Medical Centre

Phone: (08) 9225 1188

Doctors: Dr. Jasper Mahon, Prof Tunde Kuteyi

Padbury: Padbury Family Practice

Phone: (08) 9401 7566

Doctor: Dr. Campbell Roth